

**SAIL CANADA  
BOARD OF DIRECTORS  
CANDIDATE NOMINATION INFORMATION**

*Nominee Name Valerie Lavigne  
Beaconsfield Quebec  
Royal St Lawrence Yacht Club*

**INTEREST IN ADVANCING THE MISSION AND GOALS AND BUSINESS  
MODEL/PRIORITIES OF SAIL CANADA**

As we are approaching the next quad for the Olympics I would like to be able to help direct the CEO so that Canada can get on the podium in 2028 which would help our overall funding. I would also be interested in continuing with the changes that have been started with the Cansail programs. In a nutshell, I would like to help the high performance and the recreational side of Sail Canada.

**GOVERNANCE EXPERIENCE**

I have been on the board of Sail Canada for a first term and I was on the governance committee. During my term I did the course offered by the Smith's school of business to the NSO on proper governance. I also was commodore of the RSTLYC from 2015-2017 and on the board prior to that for over 10 years.

**PROFESSIONAL AND/OR VOLUNTEER EXPERIENCE AND SPECIFIC SKILLS**

I have ran a successful chiropractic clinic for the last 25 years which has thought me how to handle personnel and some book keeping. I have also organized many events at our club over the years such as Club 420 Nationals and Optimist Nationals.

**EXPERIENCE DEVELOPING AND OVERSEEING THE IMPLEMENTATION OF  
STRATEGIC PLANS**

During my first term on the board, I was on the strategic plan committee which has allowed me to really understand the process on how to develop a strategic plan and also how to launch it and implement it. I believe I would be a good asset to help steer the next strategic plan for Sail Canada.

## **INTEREST IN/CAPACITY TO FUNDRAISE AND CONTRIBUTE TO SUPPORTING SAIL CANADA ATHLETES AND PROGRAMS OF PERFORMANCE EXCELLENCE**

Over the last few years I was on the committee to fundraise for a school. This allowed me to really learn some skills needed to fundraise. Our high performance program are in need of extra funds to be able to compete and be competitive on the international regatta circuit. I would really enjoy being part of that process to be able to help out our athletes.

## **OTHER RELEVANT INFORMATION**

Finishing my first term on the board has been a learning experience concerning the challenges and operations and governance of the organization. If elected for a second term of 3 years, it will allow me to go more in depth and bring more value to the board with more context. Also being an avid racer myself and being involved as well on the recreational side with the sailing school at our club as allowed me to get a good grasp of the sport.

## **WHAT KEY SKILL OR ATTRIBUTE WILL YOU BRING TO THE SAIL CANADA BOARD**

I am a very organized, reliable, and ethical person that the board could be relying on to steer Sail Canada in the next phase.

## **REFERENCE**

**“OPTIONAL, provide a short quote from a Reference.”**

- **Reference Name – *Reference Title***